### The 3 Steps to the New 2.0 You!

## Step 1: Get the Vision

That A New 2.0 of You Is Possible Through Christ Jesus

# Step 2: Overcome Slave Mentality

**Through Meditation** 

### Step 3: Walk In Submission To The Holy Spirit

- I. Step 1: Get the Vision That A New 2.0 of You Is Possible Through Christ Jesus
  - A. God created man with the intention of him being successful in everything he set his hand to do.
  - B. The Lord created the man unique from all the other animals. All of the other animals were spoken into existence. Man was formed by the very hand of God and created in the image of God with the breath of God and his nostrils.

(NKJV) Ge 1:26 Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth." 27 So God created man in His own image; in the image of God He created him; male and female He created them.

28 Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

(NKJV) Ge 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.

(KJV 1900) Ge 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

- 1. God created man to be a living soul
- 2. The soul is where man makes choices for the type of life he is to live.
- C. ¿¿¿What made man so vastly different than all of the other animals???
  - He was formed by the hand of God.
  - 2. Created in his image and likeness!
    - a. The image and likeness had to be transferred by the breath of God.
    - b. Man was made by the word and breath of God.
      - (1) The animals are made by the spoken word of God alone.

- 3. Then, God gave man something more unique to be able to contain his image and likeness.
  - a. God gave man a superior mind!
  - b. It is only by the mind of man that he is able to subdue and take dominion over the things of the world that are steadily seeking to overcome him.
  - c. A man's mind is the only thing that makes him different from all of the other animals. Everything else about him can be found in a dog or a cat.
- D. It is with the mind God gave man that gives him the ability to subdue the earth and have dominion over it.
  - 1. Every human being should therefore, learn to be skilled in the use of his mind because it is the principal thing that gives him the ability to determine his own destiny!
  - 2. Sadly, too many people never fail to realize one of the greatest talents given to them is their ability to think creatively.
    - a. Remember, God created us in his image and likeness.
    - b. God is a creator. We therefore, have the ability to be creative and alter our environment to our satisfaction because we are in his image and likeness.
      - (1) God created the universe according to his desires
      - (2) We can create our world according to our desires
- E. God's plan is to bless us! No matter what your current situation is, God has a plan for you to experience life and to experience it abundantly.
- F. This is what the gospel is about! Meaning, "Good News"
  - 1. He had promised it throughout the Old Testament.
    - a. Give thought to some of the verses that promise us so many blessings?

(1)

G. He sent Jesus so that we might experience the kingdom of God and what he intended in the beginning!

(NKJV) Eph 1:3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

(NKJV) Eph 1:11 In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will, 12 that we who first trusted in Christ should be to the praise of His glory.

(NKJV) Jn 1:12 But as many as received Him, to them He gave the right to become children of God, to those who believe in His name: 13 who were

born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(NKJV) 2 Pe 1:3 as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, 4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.

- H. We must learn to release the divine potential that God has given us by proper use of our minds to give glory to God.
  - 1. We can achieve anything we can conceive. If we have the faith to believe nothing is impossible to us.
  - 2. We must learn how to uncap the limitations that have been placed upon us by an environment that is hostile to our complete development.
- I. We learned how this restriction came about by learning what happened with Adam and Eve.
  - 1. Adam and Eve released a destructive force on the earth that hinders every human being from achieving the divine potential that God had intended for us as his beloved creation.
  - 2. Satan used the mind of man to enslave him. Satan deceived the woman and broke the will of the man to follow God.
- J. There is a war that wages inside all of us. It is a war for the soul of mankind. The battleground is our minds. Satan is seeking to control us and to get us to turn against and will of God.
  - 1. Satan is the world, the flesh and demons.
  - 2. God offers us blessings if we will submit wholeheartedly to him.
- K. Satan's Deception Creation of Distraction and the "Monkey Mind". (NKJV) Ge 3:1 Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, "Has God indeed said, 'You shall not eat of every tree of the garden'?" 2 And the woman said to the serpent, "We may eat the fruit of the trees of the garden; 3 but of the fruit of the tree which is in the midst of the garden, God has said, 'You shall not eat it, nor shall you touch it, lest you die.' " 4 Then the serpent said to the woman, "You will not surely die. 5 For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

(NKJV) Ge 3:6 So when the woman saw that the tree was good for food, (the flesh appealing to the body) that it was pleasant to the eyes, (using a thing of the world appealing to the soul) and

a tree desirable to make one wise, (using demons to weaken the spirit) she took of its fruit and ate.

She also gave to her husband with her, and he ate.

(NKJV) Jas 1:14 But each one is tempted when he is drawn away by his own desires and enticed. 15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

- He caused her to have thoughts in her mind that we're not within the will of God.
- 2. One thought led to another, and then another, and then another. Buddha has defined this as the monkey mind.
  - a. It was introduced by Satan.
- L. Satan perfected techniques that work on us today. We fall for the oldest tricks in the book! Unfortunately, we don't take the time to learn from the mistakes of our ancestors. A wise man learns from the mistakes of others, but a fool chooses to learn from his own.

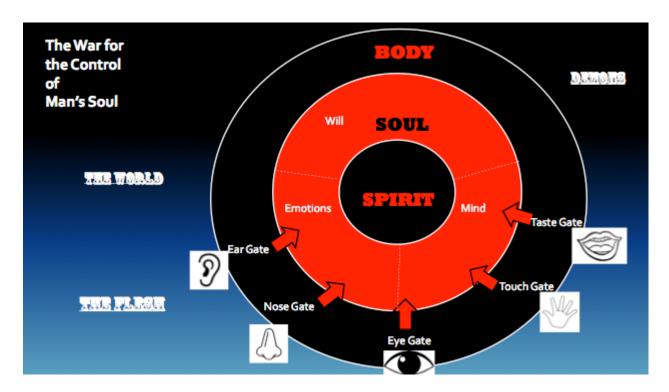
A WISE MAN LEARNS FROM THE MISTAKES OF OTHERS, BUT A FOOL CHOOSES TO LEARN FROM HIS OWN.

M. How satan gets in: Think of the Gates to a fort or castle. The walls are there to protect the inhabitants. They are in the fort but there are gates that people go through to receive goods and services from the outside. They are the way of entry. Beneficial things can enter through the gates well as the enemy.

Once the enemy gets in he can take control and defeat the people.

(NKJV) Pr 4:23 Keep your heart with all diligence, For out of it spring the issues of life.

- N. The Way Satan Gets into the heart of man: The five gates to the Soul The 5 Senses
- Ο.
- P. Satan entered through the gates of the soul, affected the woman's emotion and mind causing her to will and eat the fruit God said not to eat.



(NKJV) Ro 5:12 Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned—

- Q. Death and sin have always warred against man depriving us of the great blessings that God originally intended for us.
- R. But through Jesus Christ, God restored the ability of man to live a life of abundance just as at the beginning. (NKJV) Ro 5:18 Therefore, as through one man's offense judgment came to all men, resulting in condemnation, even so through one Man's righteous act the free gift came to all men, resulting in justification of life. 19 For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous. 20 Moreover the law entered that the offense might abound. But where sin abounded, grace abounded much more, 21 so that as sin reigned in death, even so grace might reign through righteousness to eternal life through Jesus Christ our Lord.
  - 1. Through Christ Jesus, we have now been reconciled unto God. We have a restoration of God's plan in the original creation.
- S. Through Christ we have become new creatures! (NKJV) 2 Co 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.
  - 1. We now have the ability to do far greater things than what we were capable before Christ!
  - 2. We have the power of Christ working within us to bring to pass the will of God in our life.

WE MUST DEVELOP SPIRITUAL MATURITY
BEFORE WE CAN EXPERIENCE THE BENEFITS OF THE NEW MAN

- 3. However, we have been condition for so long, we no longer believe in the absolute authority and power of God to work things out for good. Our thinking must be changed!
  - a. The world has conditioned us for so long to believe we are hopelessly lost in our condition and we can never overcome our mistakes.
- 4. It will take time to overcome the world's way of thinking so we can submit to the way God wants us to think and affect our life.
- T. God has already created a new you. You must learn to walk in a new reality having been set free from the basic principles of the world that have enslaved you for so long.
  - 1. We must learn to submit ourselves by our actions to God's will for us.
    - (NKJV) Ga 4:3 Even so we, when we were children, were in bondage under the elements of the world. 4 But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, 5 to redeem those who were under the law, that we might receive the adoption as sons. 6 And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, "Abba, Father!" 7 Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.
  - 2. We must overcome our slave mentality!

WE MUST OVERCOME OUR SLAVE MENTALITY!

## Step 2: Overcome The Slave Mentality of the World Through Meditation

II. He said it also here. Meditation on the word of God is needed to change your worldly way of thinking.

(NKJV) 1 Ch 22:19 Now set your heart and your soul to seek the LORD your God.

Therefore arise and build the sanctuary of the LORD God, to bring the ark of the covenant of the LORD and the holy articles of God into the house that is to be built for the name of the LORD."

(NKJV) Je 29:11 For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.

12 Then you will call upon Me and go and pray to Me, and I will listen to you. (prayer)

13 And you will seek Me and find Me, when you search for Me with all your heart. (meditation)

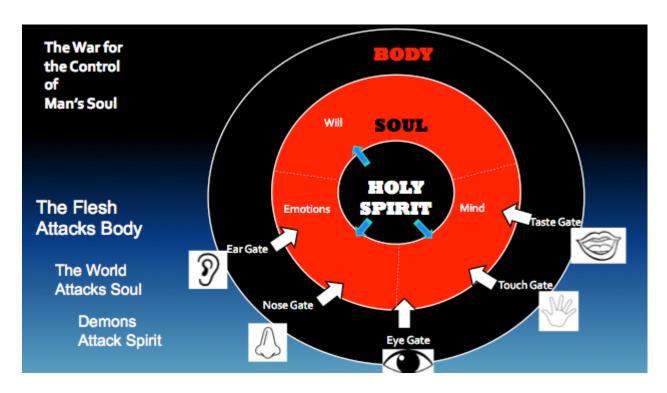
14 I will be found by you, says the LORD, and

I will bring you back from your captivity; I will gather you from all the nations and from all the places where I have driven you, says the LORD, and I will bring you to the place from which I cause you to be carried away captive.

(NKJV) 2 Ch 7:14 if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

(NKJV) Ho 4:6 My people are destroyed for lack of knowledge. Because you have rejected knowledge, I also will reject you from being priest for Me; Because you have forgotten the law of your God, I also will forget your children.

(NKJV) Ro 8:5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. 6 For to be carnally minded is death, but to be spiritually minded is life and peace.



- A. We must learn to free our minds! (Egyptian slavery/slavery to sin). Though Moses and brought the Israelites out of Egypt, he could not get Egypt out of the Israelites. Their minds were too much rooted in the past!
  - The generation that lived in Egypt had to completely die out in order for God to provide the revelation of the lifestyle he intended for them.
    - a. You and I have to die to self in order to experience quality of life God wants us to have.
- B. To bring about this ultimate change, the mind of man must be renewed to have the willing submission unto God as it was in the beginning.

(NKJV) Ro 12:1 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

WE MUST DEVELOP THE MENTAL DISCIPLINE TO LEARN TO MEDITATE FOR THE RENEWING OF OUR MINDS AND OUR TRANSFORMATION

- C. Jos 1: 8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.
  - 1. We must learn to discipline ourselves to meditate upon the word of God for this great transformation to occur. We must learn to meditate upon those Scriptures that break the chains of bondage and open the gates of the prison we had been enslaved within to experience the freedom Christ has paid for us.

WHATEVER YOU CONSISTENTLY MEDITATE ON WILL ULTIMATELY BECOME WORDS IN YOUR MOUTH AND VISIONS IN YOUR HEAD AND THEN REALITIES IN YOUR LIFE

(NKJV) Pr 23:7 For as he thinks in his heart, so is he.

- D. Your thoughts have the ability to transform your physical body and your emotional state to either good or bad.
  - 1. The reason most people never succeed is because today starts out mostly as a repeat of yesterday.
  - 2. They never progress in their thinking, so they never progress in their living.
- E. Jesus told us if we think about a thing, it ultimately will be done. If you have lust in your heart it is as if you have done it.
  - 1. Therefore, we must show our willingness to submit to the will of God so that his divine plan can be granted in our lives by doing the simple things he has told us to do.
  - 2. His plan is to give us whatever things we ask for in prayer and we must live in our life in submission to his Spirit by doing the things he tells us to.

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Step 2: Overcome The Slave Mentality of the World Through Meditation

Step 3: Walk In Submission To The Ways Of God By His Spirit