

**The 3 Steps to the
New 2.0 You!
Part 2**

The method to the new 2.0 version of you is:

- 1) God desires to remake you
- 2) Meditate for mind renewal
- 3) Walk in the ways of the spirit of God for the transformation to be manifest.

Step 1: Get the Vision

- I. God made Joshua a promise and told him what he was going to need to do to be successful in leading the people to the promised land. He was going to make Joshua the new leader with the same potential of that he gave Moses.
 - A. Joshua was fulfilling the promise that God had made previously to Moses. Moses had learned to believe confidently in the promises of God.
 1. He wants us also to also learn to believe in his promises.
 2. The key to developing this faith to believe comes from hearing repetitively the Word of God.
 3. Don't underestimate the power of being in a church where you continue to hear the word!
 - a. Why? Because faith comes how?
 - B. **Notice what God told Moses:**
(NKJV) Ex 6:2 And God spoke to Moses and said to him: "I am the LORD. 3 I appeared to Abraham, to Isaac, and to Jacob, as God Almighty, but by My name LORD I was not known to them. 4 I have also established My covenant with them, to give them the land of Canaan, the land of their pilgrimage, in which they were strangers.
 1. God is the God of our present. He will see after our present. Not our future. He only promises his word and when the future comes, he is present for it as I AM!
 2. Jesus has established a new covenant with us through communion.
 - C. **5 And I have also heard the groaning of the children of Israel whom the Egyptians keep in bondage, and I have remembered My covenant. 6 Therefore say to the children of Israel: 'I am the LORD; I will bring you out from under the burdens of the Egyptians, I will rescue you from their bondage, and I will redeem you with an outstretched arm and with great judgments.**
 1. God makes promises! They are in his word that cannot be broken.
 2. We are no longer bound by sin because we have been set free of sin and its consequences.
 - D. **7 I will take you as My people, and I will be your God. Then you shall know that I am the LORD your God who brings you out from under the burdens of the Egyptians.**
 1. To as many as received him he gave the power to become sons of God.

2. Victory was given to them over all their adversaries. They were created to excel just as we are.
- E. **8 And I will bring you into the land which I swore to give to Abraham, Isaac, and Jacob; and I will give it to you as a heritage: I am the LORD.”**
1. God was fulfilling his promise.
 2. Now we too are not bound and can have anything we ask in the name of Jesus.
- F. **9 So Moses spoke thus to the children of Israel; but they did not heed Moses, because of anguish of spirit and cruel bondage.**
1. It is our disbelief that keeps us from receiving what God intends for us to have
 2. That disbelief must be defeated before we can experience what God wants us to have!
- G. God gives the key to Joshua, that is the key also to us! It is important you understand that the people inheriting the promised land corresponds to us believing the spiritual promises of God.

**GOD WANTS US TO FOCUS ON BEING BOLD AND ADVANCING!
NOT REMAINING STILL!**

(NKJV) Jos 1:2 “Moses My servant is dead. Now therefore, arise, go over this Jordan, you and all this people, to the land which I am giving to them—the children of Israel. 3 Every place that the sole of your foot will tread upon I have given you, as I said to Moses.

(NKJV) Jos 1:5 No man shall be able to stand before you all the days of your life; as I was with Moses, so I will be with you. I will not leave you nor forsake you.

(NKJV) Jos 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

- H. From this we recognize the three points we must keep in mind.
1. We are to recognize the word of God giving us instructions
 2. We are to meditate on that word to develop the great faith necessary to conquer the forces we are at war against
 3. We are to walk in the things that God desires for us to have.
 - a. We are not to worry about the challenges we have to face.
 - b. He will take care of them for us.
- I. God has a blessing for us. He has promises that he will fulfill them for us.
1. He will overcome the enemies that seek to keep us from being successful in achieving his promises but we must be willing to arise and face the enemy.

- J. Our focus is to be on him and not the distractions of the enemy around us.
 - K. The soul is where man makes choices for the type of life he is to live.
 - 1. He can live it close to God or far away from God based upon his hearing of God's word.
 - a. Eze 47. We must simply learn to move forward. Think of being an ocean. The depth awaits you. Simply advance.
 - L. ¿¿¿What made man so vastly different than all of the other animals???
1. He was formed by the hand of God.
 2. Created in his image and likeness!
 - a. The image and likeness had to be transferred by the breath of God.
 - b. Man was made by the word and breath of God.
 - (1) The animals are made by the spoken word of God alone.
 3. Then, God gave man something more unique to be able to contain his image and likeness.
 - a. God gave man a superior mind!
 - b. *It is only by the mind of man that he is able to subdue and take dominion over the things of the world that are steadily seeking to overcome him.*

A MAN'S MIND IS THE ONLY THING THAT MAKES HIM DIFFERENT FROM ALL OF THE OTHER ANIMALS, EVERYTHING ELSE ABOUT HIM CAN BE FOUND IN A DOG OR A CAT!

**GOD CREATED THE UNIVERSE ACCORDING TO HIS THOUGHTS
BECAUSE WE ARE CREATED IN HIS IMAGE AND LIKENESS
WE HAVE THE ABILITY TO CREATE OUR WORLD ACCORDING TO OUR THOUGHTS**

- M. God's plan is to bless us! God has a plan for us to experience life and to experience it abundantly. But we must participate in the process of bringing it about!
- N. God sent Jesus so that we might experience the kingdom of God now and what he intended in the beginning!
(NKJV) Eph 1:3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

(NKJV) Eph 1:11 In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will, 12 that we who first trusted in Christ should be to the praise of His glory.

(NKJV) Jn 1:12 But as many as received Him, to them He gave the right to become children of God, to those who believe in His

name: 13 who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(NKJV) 2 Pe 1:3 as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, 4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.

- O. We must learn to release the divine potential that God has given us by proper use of our minds in meditation to give glory to God.
 - 1. We can achieve anything we can conceive. If we have the faith to believe nothing is impossible to us.
 - 2. We must learn how to uncap the limitations that have been placed upon us by an environment that is hostile to our complete development.

(NKJV) Ro 5:12 Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned—

P. Death and sin have always warred against man depriving us of the great blessings that God originally intended for us.

Q. But through Jesus Christ, God restored the ability of man to live a life of abundance just as at the beginning.

(NKJV) Ro 5:18 Therefore, as through one man's offense judgment came to all men, resulting in condemnation, even so through one Man's righteous act the free gift came to all men, resulting in justification of life. 19 For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous. 20 Moreover the law entered that the offense might abound. But where sin abounded, grace abounded much more, 21 so that as sin reigned in death, even so grace might reign through righteousness to eternal life through Jesus Christ our Lord.

1. Through Christ Jesus, we have now been reconciled unto God. We have a restoration of God's plan in the original creation.

R. Through Christ we have become new creatures!

(NKJV) 2 Co 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

1. We now have the ability to do far greater things than what we were capable before Christ!

2. We have the power of Christ working within us to bring to pass the will of God in our life.

**WE MUST DEVELOP SPIRITUAL MATURITY
BEFORE WE CAN EXPERIENCE THE BENEFITS OF THE NEW MAN**

- S. However, we have been conditioned for so long, we no longer believe in the absolute authority and power of God to work things out for good. Our thinking must be changed!
 - 1. The world has conditioned us for so long to believe we are hopelessly lost in our condition and we can never overcome our mistakes.
 - 2. It will take time to overcome the world's way of thinking so we can submit to the way God wants us to think and affect our life.

- T. God has already created a new you. You must learn to walk in a new reality having been set free from the basic principles of the world that have enslaved you for so long.
 - 1. We must learn to submit ourselves by our actions to God's will for us.
(NKJV) Ga 4:3 Even so we, when we were children, were in bondage under the elements of the world. 4 But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, 5 to redeem those who were under the law, that we might receive the adoption as sons. 6 And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, "Abba, Father!" 7 Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.
 - 2. We must overcome our slave mentality!

WE MUST OVERCOME OUR SLAVE MENTALITY!



Step 2: Overcome The Slave Mentality of the World Through Meditation

II. Meditation on the word of God is needed to change your worldly way of thinking.

YOU ARE OUTSIDE A REFLECTION OF WHAT YOU THINK INSIDE

(NKJV) Pr 23:7 For as he thinks in his heart, so is he.

- A. As a man thinks, so is he. Your thoughts have the ability to transform your physical body.
 - 1. The reason most people never succeed is because today starts our mostly a repeat of yesterday. They never progress in their thinking, so they never progress in their living
 - 2. Jesus told us if we think about a thing, it ultimately will be done. If you have lust in your heart it is as if you have done it.

OUR FUTURE IS DETERMINED BY OUR THOUGHTS FOR IT TODAY

WHAT YOU WRITE IN YOUR MIND TODAY WILL BECOME YOUR STORY

TOMORROW

- B. You must separate yourself from the world and its way of thinking if you are truly going to be free!
 - 1. Psa 1:1
 - 2. Rom 12:2

- a. When our minds are renewed, circumstances take care of themselves.
- C. What you are able to believe is what you are able to become.
(NKJV) Mk 11:24 Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

BIBLICAL MEDITATION LEADS TO A UNION OF THE MIND AND WILL OF MAN TO THE MIND AND WILL OF GOD!

- D. Guard your heart
(NKJV) Pr 4:20 My son, give attention to my words; Incline your ear to my sayings. 21 Do not let them depart from your eyes; Keep them in the midst of your heart; 22 For they are life to those who find them, And health to all their flesh. 23 Keep your heart with all diligence, For out of it spring the issues of life. 24 Put away from you a deceitful mouth, And put perverse lips far from you.

- 1. You must meditate on God's word to guard your heart
(NKJV) Ps 1:1 Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; 2 But his delight is in the law of the LORD, And in His law he meditates day and night. 3 He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

- 2. David meditated
- 3. Mary pondered
- 4. the prodigal son came to his senses
- 5. Paul said

(NKJV) Php 4:8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

- a. The 4:8 Principal
- b. Thomas Melton said
- c. ***meditation is the way to perfect happiness, because it leads to the knowledge of the living God, to an experience of who he really is***

E. Seek God through Meditation
SEEK GOD THROUGH MEDITATION

David tells the people
(NKJV) 1 Ch 22:19 Now set your heart and your soul to seek the LORD your God.

(NKJV) Je 29:11 For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.

12 Then you will call upon Me and go and pray to Me, and I will listen to you. (*prayer*)

13 And you will seek Me and find Me, when you search for Me with all your heart. (*meditation*)

14 I will be found by you, says the LORD, and

I will bring you back from your captivity; I will gather you from all the nations and from all the places where I have driven you, says the LORD, and I will bring you to the place from which I cause you to be carried away captive.

(NKJV) 2 Ch 7:14 if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then

I will hear from heaven, and will forgive their sin and heal their land.

(NKJV) Ho 4:6 My people are destroyed for lack of knowledge. Because you have rejected knowledge, I also will reject you from being priest for Me; Because you have forgotten the law of your God, I also will forget your children.

(NKJV) Ro 8:5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. 6 For to be carnally minded is death, but to be spiritually minded is life and peace.

F. We must learn to free our minds! (Egyptian slavery/slavery to sin). Though Moses and brought the Israelites out of Egypt, he could not get Egypt out of the Israelites. Their minds were too much rooted in the past!

1. The generation that lived in Egypt had to completely die out in order for God to provide the revelation of the lifestyle he intended for them.

a. You and I have to die to self in order to experience quality of life God wants us to have.

G. To bring about this ultimate change, the mind of man must be renewed to have the willing submission unto God as it was in the beginning.

(NKJV) Ro 12:1 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

WE MUST DEVELOP THE MENTAL DISCIPLINE TO LEARN TO MEDITATE FOR THE RENEWING OF OUR MINDS AND OUR TRANSFORMATION

H. **Jos 1: 8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.**

1. We must learn to discipline ourselves to meditate upon the word of God for this great transformation to occur. We must learn to meditate upon those Scriptures that break the chains of bondage and open the gates of the prison we had been enslaved within to experience the freedom Christ has paid for us.

WHATEVER YOU CONSISTENTLY MEDITATE ON WILL ULTIMATELY BECOME WORDS IN YOUR MOUTH AND VISIONS IN YOUR HEAD AND THEN REALITIES IN YOUR LIFE

(NKJV) Pr 23:7 For as he thinks in his heart, so is he.

- I. Your thoughts have the ability to transform your physical body and your emotional state to either good or bad.
 1. The reason most people never succeed is because today starts out mostly as a repeat of yesterday.
 2. They never progress in their thinking, so they never progress in their living.
- J. Jesus told us if we think about a thing, it ultimately will be done. If you have lust in your heart it is as if you have done it.
 1. Therefore, we must show our willingness to submit to the will of God so that his divine plan can be granted in our lives by doing the simple things he has told us to do.
 2. His plan is to give us whatever things we ask for in prayer and we must live in our life in submission to his Spirit by doing the things he tells us to.