

02/25/2024

**Finding Complete Peace
by Casting - Not Carrying!!**

1 Pe 5:6–7 (NKJV) — 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you.

Principle Points To be accepted, (**without debate/discussion/argument!!**)

1. Troubles are part of life -
2. To find complete peace, find Jesus -
3. Cast all your cares on him -
4. Humble yourself and wait on the Lord -

Troubles/Trials/Tribulations Are A Part Of This Life

- I. In this world, we will have trouble. There is no escaping it.
Jn 16:33 (NKJV) — 33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.”
 - A. **These things** - He was telling them about difficult things that were going to come so that they would understand in him they could have peace, because he has overcome the world.
 - B. **In Me you may have peace** - We have to seek him with our whole heart to find him if we desire to have peace!
Je 29:13 (NKJV) — 13 And you will seek Me and find Me, when you search for Me with all your heart.
 1. Peace is found only in him, and to find him, we must seek him with our whole heart.
 - C. **In the world you will have tribulation;** – he tells us this very clearly, but we rather seek the things of the world.
 1. We put forth great effort to find things in the world that will not give us peace.
 - a. What will we obtain from things of the world? Answer – tribulation/trouble.
 - b. Nothing of this world can give us peace. Things of the world only bring trouble.
 - c. Things in the world are deceptive. They may have an appearance of good, but with it comes trouble.
 - d. We must learn to despise things of the world.
 - e. What will we obtain from him? Answer – peace.
 - D. In spite of your tribulation, even in the midst of your tribulation, **be of good cheer, I have overcome the world.”**
 1. We can rejoice in all things because he will give us peace.
 2. No matter what we see with our eyes, these things of the world, with their tribulations, will pass.

2 Co 4:18 (NKJV) — 18 while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.

a. The things seen will always produce sooner or later, trouble/tribulations.

3. We fix our eyes on Jesus! He is peace when we find him!
Heb 12:2 (NKJV) — 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

4. And just like Jesus, if we are going through some things, we can still have good cheer and ...

*2 Co 4:16–17 (NKJV) — 16 Therefore we do not lose heart. Even though our **outward man is perishing**, yet the **inward man is being renewed day by day**. 17 For our **light affliction**, which is but for a moment, is working for us a **far more exceeding and eternal weight of glory**,*

5. Just like Jesus, we look to that eternal weight of glory, knowing that even in the process of our trials and tribulations.

*2 Co 12:9–10 (NKJV) — 9 And He said to me, “My **grace is sufficient for you**, for **My strength is made perfect in weakness**.”*

*Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. 10 Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ’s sake. **For when I am weak, then I am strong.***

James 1:2–4 (NKJV): 2 My brethren, count it all joy when you fall into various trials, 3 knowing that the testing of your faith produces patience. 4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing.

6. No matter what we go through we can always be in a position of rejoicing and giving thanks!

E. Troubles/trials/tribulations are part of this life, but we will find peace in Christ.

Jn 16:33 (NKJV) — 33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.”

To Find Peace, Find Jesus

II. Find Jesus to find peace.

Mt 11:28-30 (NKJV) — 28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from

Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”

A. We have to come to him. We will come to him after we have been broken down and made weary by trying to do things by ourselves.

B. How do we come to him?

Je 29:13 (NKJV) — 13 And you will seek Me and find Me, when you search for Me with all your heart.

1. The desire of your heart must be for him!

a. You must not desire the world or any things of the world! You cannot have the world and have Christ. Why? The world will only bring trouble.

b. Seeking the world and seeking God makes you double-minded and being double-minded you will be unstable in all your ways.

1 Jn 2:15 (NKJV) — 15 Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him.

2. You must give yourself totally to him if you intend to find peace!

3. **Dt 6:5 (NKJV) — 5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength.**

4. Only when you give up the world, can you have the fullness of Christ with his peace. No one can serve two masters.

5. **Mt 16:24 (NKJV) — 24 Then Jesus said to His disciples, “If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me.**

a. **Stop thinking, start believing!**

III. In this world, you will have trouble, but find Jesus to find peace and then cast your cares on him.

Cast All Your Cares on Him

1 Pe 5:7 (NIV84) — 7 Cast all your anxiety on him because he cares for you.

A. Many scriptures confirm this:

Ps 55:22 (NKJV) — 22 Cast your burden on the Lord, And He shall sustain you; He shall never permit the righteous to be moved.

Is 46:4 (NKJV) — 4 Even to your old age, I am He, And even to gray hairs I will carry you! I have made, and I will bear; Even I will carry, and will deliver you.

Is 64:4 (NKJV) — 4 For since the beginning of the world Men have not heard nor perceived by the ear, Nor has the eye seen any God besides You, Who acts for the one who waits for Him.

Psalm 46:10–11 (NKJV): Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth! 11 The Lord of hosts is with us; The God of Jacob is our refuge.

Isaiah 26:3 (NKJV): You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You..

Stop thinking, start believing!

- B. We may call on him and say please, please take it away. He listens, He comes, He is ready to act, but we remove our concerns from him because we refused to wait on him and endure till the end.
1. We think we have to do something when all we have to do is wait.
 2. ***Is 30:18 (NKJV) — 18 Therefore the Lord will wait, that He may be gracious to you; And therefore He will be exalted, that He may have mercy on you. For the Lord is a God of justice; Blessed are all those who wait for Him.***
- C. We failed to rightly divide the word. Take special notice:
1. ***The NIV says... 1 Pe 5:7 Cast all your anxiety on him because he cares for you.***
 - a. This is a failure of the NIV. It is a matter of interpretation by the translators.
(1) This is the reason we have to study, or...at least find a good teacher, or better a good church!
 - b. Verse seven is not a new sentence, it is a continuation of verse six. ***Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.***
 - c. We must **humble ourselves** and **let go** of our problems.
(1) Let go, and let God do it for you!
 - (2) We cannot hold on to our problems, if we expect God to solve them.
 2. The NKJV says correctly ***1 Pe 5:6–7 (NKJV) — 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you.***
- D. The most critical thing we must do to find peace is to humble ourselves under God.
1. Meaning to **deny ourselves, take up our cross, and follow him.**
 - a. We must stop trying to do for ourselves.

- b. We cannot save ourselves. There is no power in us. We have no ability. All that we do is meaningless.
 - c. We have to acknowledge God and acknowledge that we are hopeless without him.
 - d. ***Pr 3:5–6 (NKJV) — 5 Trust in the Lord with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.***
2. We must humble ourselves and wait on the Lord to solve our problems and give us peace.
- a. ***Psalm 46:10–11 (NKJV): Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth! 11 The Lord of hosts is with us; The God of Jacob is our refuge.***
3. ***1 Pe 5:6–7 (NKJV) — 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you.***
- a.

IV. Summary:

Principal Points To accept (**without debate/discussion/argument!!**)

1. **Troubles/Trials/Tribulations Are A Part Of This Life**
Jn 16:33 (NKJV) — 33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.
 His Strength perfected in your weakness
2. **To Find Complete Peace, Find Jesus**
Mt 11:28-30 (NKJV) — 28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.
3. **Humble Yourself Casting All Your Cares On Him**
1 Pe 5:6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you.

1 Peter 5:8 (NKJV): 8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.
4. **Wait on the Lord!**

Is 30:18 (NKJV) — 18 Therefore the Lord will wait, that He may be gracious to you; And therefore He will be exalted, that He may have mercy on you. For the Lord is a God of justice; Blessed are all those who wait for Him.

- 5. Gird yourself up by praying with the word while you wait.**