

“Speak Life (Changing Our Lives By Changing Our Words)”

Pastor Jim Lowe III

Sunday Morning, 9:30am Stream

04/13/25 (2nd Sunday Message)

hashtags:

#guidinglight #pastorjim

#Faith #heart

#believer #surrender

#love #showinglove

#loveofGod #loveofChrist

#repentance #serving

#forgiveness #Godworks

#savedtoserve #overflow

#protector #Expectation

#worry #Favor

#deliverance #listeningears

#Godspeaks #blessings

#servingGod #heartafterGod

#treasure #complaining

#God'speace #leadership

{All scriptures are NIV84 unless stated}

Message title:

“Speak Life (Changing Our Lives By Changing Our Words)”

{Repeat after me}

“I Am A Child Of God!”

{1 John 3:2}

“I Am Important, Distinguished And Influential!”

{Deuteronomy 28:13}

“I Am Strong Because My God Is With Me!”

{Deuteronomy 31:6}

“I Am A Light In The Darkness!”

{Matthew 5:16}

After doing that...

Why do we do that?

Why do people say, “Tell your neighbor?”

Why do we “say stuff?”

Maybe to make sure you’re paying attention.

Maybe it’s other reasons.

It’s something about words.

It’s important to realize how powerful our words are.

It can be said these are Affirmations.

Affirmation:

1. The action or process of affirming something.

affirm - to state as a fact.

2. A Statement for emotional support or encouragement.

Usually when you hear affirmations...

you think of positive affirmations.

Positive Affirmations Are Positive and Uplifting Statements Said To Motivate

You hear these in all types of ways.

For example:

I Am Worthy Of Love

This is a reminder to yourself that you are never unworthy of love.

It is a reminder to us because some of think we’ve done things unforgivable.

And we need a boost to “self-worth.”

I Am Capable Of Achieving My Goals

This means that if I set my mind to it...

There is so much I can do.

If I set my goals to better myself...

I am CAPABLE to accomplish it.

So we speak to ourselves to “get better.”

We read...repeat...

Say things out loud.

When you were up studying late for a test.

And feel like you couldn't get it.

We may try and focus by breathing..."I can do this."

Affirmations Are Proven To Be Good For You!

"Making Positive Statements" are proven to be good for you!

Studies have shown that this is effective!

Positivepsychology.com

It's helpful in decreasing stress.

It's helpful in increasing our behavior.

It's helpful to let the small stuff roll off our backs.

Our words mean things!

Affirmations are productive!

Declaring things are productive!

Affirmations that are positive are good for you!

There is something about saying something out loud that does things!

Affirmations have a source!

The Bible Teaches Us About The Power Of Our Voice!

The Bible is the example of what words do.

Words make action.

Speaking creates change.

Proclaiming creates results.

Let's look at what the bible said God did.

In the beginning there was nothing.

Genesis 1:3

3 And God said, "Let there be light," and there was light. 4 God saw that the light

was good, and he separated the light from the darkness.

God SAID "Let there be light!"

There was light!

NOT the sun

God created the lights in the sky to separate night and day in v 14.

In verse 3...he created light.

The EXISTENCE of light.

The light in the daytime.

The lights in here.

The light on your cellphone.

Your headlights on your car.

The light under the microwave over your stove that stays on.

"LIGHT" was created.

In the VERY beginning we see the original Architect.

God's Words Created Something Where There Was Nothing

God spoke light into existence!

He didn't tell light how to be.

He said be.

Thousands of years later we're still trying to understand light.

We still can't move faster than light.

But God continued to speak!

All through Genesis 1:

(Genesis 1)

When God Spoke:

Light Formed (v.3)

Water Separated (v.6)

Dry Ground Appeared (v.9)

Plants Appeared (v.11)
Sun, Moon and Stars Appeared (v.14)
Fish and Birds Appeared (v.20)
Animals Appeared (v.24)

As God spoke something...it became.

When God Speaks, Expect Change!

What does all this have to do with us?

Genesis 1:26-27

26 Then God said, “**Let us make man in our image, in our likeness**, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.” 27 So God created man in his own image, in the image of God he created him; male and female he created them.

God said that man would be made in 2 ways:

We Are Made:

1. In God's Image
2. In God's Likeness

Let's talk about this passage.

We have different attributes from God!

1. We Are Made In The Image Of God

An image is visible.

a visual representation of something.

When you look at a picture...

That's an image.

When you look at a movie...

That's an image in motion.

Our eyes send the images we see to our brains that tell us what it is.

When we see a tree...*{what are the characteristics of a tree?}*

We learn it's image...

That way when we see another...

We associate it as a tree.

Tree share similar images.

We don't know the details of every tree...

But we recognize it as a tree.

It may be a different tree.

but we know it from its image.

Because trees LOOK similar.

So God said we are made in his image.

We are created in a way that "looks" like God.

Our form is in God's image.

2. We Are Made In The Likeness Of God

Have you ever given an impression of someone?

When we were younger, we'd make fun of our teachers.

Might impersonate our parents.

When we get older, we impersonate others.

our co-workers

our friends

that person who messed up our order at the restaurant.

We do it when we tell stories.

We mimic their actions and maybe their words.

Comedians do it all the time.

Call it impersonate.

Call it mimic.

You can also call it "acting like."

God has given us the ability to "act like" him in certain things.

God Has Made Our Words Powerful Also!

Proverbs 18:21

21 The tongue has the power of life and death, and those who love it will eat its fruit.

Our words have power!

one of the easiest examples:

Our words can change moods!

Question:

How Fast Can Some One Set You Off By Saying The Wrong Thing?

Someone's words can kill your happiness!

Let someone say WORDS about you.

Let someone say WORDS about your mother. {*fighting words*}

Let someone say WORDS about your child. {*funeral words*}

Words have effects!

Proverbs 15:1

A gentle answer turns away wrath, but a harsh word stirs up anger.

There is something about our words!

Our Words Can Change More Than Moods!

This is where Positive Affirmations come in!

This is why we can speak positive things and they have an impact!

This is why psychologists say it's effective!

We are created in the Likeness of God!

God Has Given Power To Your Words!

Hebrews 13:15 {*not in media*}

15 Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.

fruit of lips...

what you say.

what comes out...

is fruit!

Your words create something that can grow.

So...it's good to say positive things over our life.

KNOWING THAT:

Statements like:

I Control My Day and

Positivity Surrounds Me And My Family

Can be helpful.

But there is something better than positive affirmations.

What is better than Positive Affirmations?

Biblical Affirmations

Instead of speaking just positivity over your life...

Speak God's word over your life!

Speak the promises of God over your life!

Why?

Positive Affirmations put the pressure all on us.

WE have to control our mood.

WE have to control our thoughts.

WE have to make sure we're always on alert.

But **WE** get weak!!

That's not the case when you let the Lord handle it.

2 Corinthians 12:9-10

9 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 10 That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

But it is in our weakness...that our God is strong.

Biblical Affirmations Speak What God Has Already

Said About Us!

Normal affirmations deal with us.

Biblical affirmations deal with God working THRU us.

For example:

Psalm 107:20

20 He sent forth his word and healed them; he rescued them from the grave.

He sent his WORDS.

What did the words do?

Heal.

God is willing to heal.

This can be an affirmation.

Matthew 8:2-3

2 A man with leprosy came and knelt before him and said, "Lord, if you are willing, you can make me clean." 3 Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" Immediately he was cured of his leprosy.

A man spoke to Jesus.

"Jesus if you are willing, I know you can do this."

The man spoke and acknowledged Jesus was able.

Jesus lays his hands on the man and then says "Be clean"

When Jesus SPOKE...the healing took place.

Jesus' words have power.

But the words of the man set it up.

We Have Examples Of How To Make Biblical Affirmations!

This is how it works:

{1-3 All on one slide}

- 1. We Know God Can Heal**
- 2. We Know God Is Willing To Heal**

3. **We Know He Gave OUR Words Power**
4. **We Can Speak Healing Over Our Lives!**

Matthew 9:20-22

20 Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. 21 She said to herself, "If I only touch his cloak, I will be healed." 22 Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed from that moment.

She spoke her own healing!

Ephesians 6:17

17 Take the helmet of salvation and the sword of the Spirit, which is the **word** of God.

The word is the sword of the Spirit.

A sword...

who's words?

Not our words...but the WORD of God!

The Word Of God Is A Weapon!

If your bible is full of the WORDS of God...
It's FULL of weapons!

These are the power of our words!

Your Words Might Be Weapons To Each Other, But The Lord's Words Are Weapons To The Universe! Speak Them!

This is why we should speak the Lords words over ourself.

Let's put ourselves in agreement with what God said!

Speak Biblical Affirmations Over Yourself!

What are some Biblical Affirmations you can speak over yourself?

{Please ONLY Put Up Affirmations On Screen, Not Scriptures}

Biblical Affirmation:

“1. I Am A Masterpiece!”

{Ephesians 2:10; Psalm 139:14}

Ephesians 2:10 10 For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Psalm 139:14 1 4 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

I am God’s workmanship.

I am fearfully and wonderfully made!

Biblical Affirmation:

2. I Will Not Let Today Ruin My Mood!

{Psalm 125:1; John 16:33; John 14:27}

Psalm 125:1 1 Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures forever.

John 16:33 33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

John 14:27 27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

God if I trust in you...I cannot be shaken.

You give me peace.

I will have troubles...but you have conquered all of it!

I have peace in you!

3. I Am Constantly Protected By A God Who Watches!

{2 Thessalonians 3:3; Psalm 32:7}

2 Thess 3:3 3 But the Lord is faithful, and he will strengthen and protect you from the evil one.

Psalm 32:7 7 You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Biblical Affirmation:

4. I Am Set Free From My Past!

{Romans 8:1-2}

Romans 8:1 Therefore, there is now no condemnation for those who are in

Christ Jesus, 2 because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.

There is no condemnation...for Christ has set us free from the law of sin and death.

I am new in Christ and FREE!

Biblical Affirmation:

5. God Is With Me Always!

{Psalm 46:1; Joshua 1:9}

Psalm 46:1 1 God is our refuge and strength, an ever-present help in trouble.

Joshua 1:9 9 Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.”

God is our refuge!

He will be with us wherever we go.

recap:

Your words have power.

God gave you the ability to SPEAK things.

We want to spend this month “speaking.”

Speak the word of God over your life!

Speak it daily!

Speak it over your family!

We set up something that will provide you with a daily affirmation you can speak.

For the next 30 days...

let's change our words.

Want To Receive More Affirmations?

Text: I Am

855-718-0009

You will receive a daily affirmation of what the Lord says about you.

Biblical Affirmation:

“1. I Am A Masterpiece!”

{Ephesians 2:10; Psalm 139:14}

Biblical Affirmation:

2. I Will Not Let Today Ruin My Mood!

{Psalm 125:1; John 16:33; John 14:27}

3. I Am Constantly Protected By A God Who Watches!

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Biblical Affirmation:

4. I Am Set Free From My Past!

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